



PRE-EVENT INFO FOR COMPETITORS

Welcome from Orienteering Bay of Plenty! We are really looking forward to seeing you at the Great Forest Rogaine (GFR). The following information is provided to help you understand the rules, safety, and practical matters ahead of arriving at the event. Please read and if you have any questions, email the organiser (details at bottom of page).

RULES AND SAFETY

All competitors must read these rules prior to the event. Someone from each team will be required to sign at registration on Saturday that their team has read and understand the rules and safety information.

Generally, we find most competitors have a great attitude and come with a positive spirit of competition for the GFR. However we do need to emphasize a few important rules and we ask that everyone reads these carefully, and then abides by them during the event.

In the rare instance of someone breaking the rules we have a range of penalties available to us, depending on the severity of the breach. In the event of blatant cheating and major infringements disqualification will occur. These rules are in place for the safety of individuals and other forest uses. Breaching of these rules may impact our access to the forest and place future events at risk.

SAFETY

- When planning your course think carefully about the team's abilities, the terrain and take appropriate precautions.
- Treat every road including forest roads as open to traffic and abide by normal traffic rules and etiquette. **Be particularly careful on Hill Road where the mountain bike shuttle operates, as well as Longmile Road, which can often be busy with cars.**
- In the event of getting lost, the safety bearing is north and west to the main roads.
- For 6 Hour Foot rogaine competitors undertaking off track travel in the native forest in the North East part of the map, we recommend a safety bearing that takes you to the main track bisecting the area (Tuhoto Ariki), or West to Hill Road. **DO NOT ATTEMPT A SAFETY BEARING EAST TO BLUE LAKE AS VERY STEEP TERRAIN AND CLIFFS EXIST IN THIS AREA (marked on the map)!**
- Please notify organizers of any health issues before you start.
- The organizers contact mobile phone number is on the map, as well as the phone number for the First Response team in the event of injury or medical event requiring evacuation. Cell phone reception can be found in many parts of the forest, but not everywhere.
- In the event of a serious injury or medical event, offer first aid to the person, phone for help and/or send one of the team for help (if more than two people in the team). If only two people, stay with the injured person and using your whistle, blow 6 blasts on the whistle to alert for help. These 6 blasts should be repeated every minute or two until someone hears you and help arrives.

COMPULSORY GEAR

The compulsory gear list has been created with consideration to the safety of competitors, and the time of the year when cold/wet conditions could occur. All competitors and teams are required to carry:

- Torch/headlamp with sufficient batteries (each individual)
- Whistle (each individual)
- Waterproof jacket (each individual)
- Hat and gloves (each individual)
- Spare thermal top - wool or polypro (each individual)



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- Thermal long johns or tights (6hr foot only - each individual)
- Race food and drink (each individual)
- Backpack to carry above (each individual)
- Mobile phone sealed in a waterproof bag (per team)
- Compass (per team)
- Space blanket and first aid kit (6 Hour only - per team)

The organisers will be doing spot checks on gear, so please ensure you bring everything on this list.

COMPETITION RULES

- **Stay together** - All team members must stay within 30 metres of all their other team members at all times. All team members must visit the control site - **IT IS NOT ACCEPTABLE FOR ONE TEAM MEMBER TO VISIT A CONTROL SITE WITHOUT THE REST OF THEIR TEAM.**
- **Comply with all instructions** - Competitors must comply with any safety instructions given out at registration and by the officials at the event.
- **Everyone must carry the compulsory equipment** - no exceptions.
- **No external assistance** - Competitors must not receive any external assistance. (this includes the MTB shuttle bus)
- **Treat all roads as open** - Please be aware that all tracks and forestry roads are open to the public during the event. There will be other forest uses and vehicles on the forestry roads especially along the bike shuttle bus route. Please take care on all forestry and public roads and observe the usual road rules.
- Be aware that some tracks are dual use (Foot and MTB) so care is needed to avoid collisions.
- **Please show respect to other forest users** throughout the event, and take special care around families and young children.
- Competitors may carry a wearable GPS for the purposes of tracking their activity so it may be downloaded post event (for sites such as Strava etc.). However, these are NOT allowed to be used for navigation purposes during the event. GPS devices with mapping software installed may not be used at all (e.g. handheld GPSs or smart phones with mapping software installed).
- Note for the MTB categories, there are some controls that competitors may choose to get which are off track. Competitors may leave their bike and go on foot to these off track controls.
- This year the 6 Hour Foot course has a number of control sites which are well off track in a more remote part of the forest, and which present a higher level of navigational challenge than previous GFRs. Competitors who are not confident navigating in off track terrain, some of which is in dense bush, should consider selecting control sites which are within their navigational ability. There are no tracks or markers to these off track control sites, so competitors attempting to visit these control sites **MUST** know how to use a map and compass.
- Off track terrain is generalized as light green on the map, however can vary from open clean forest with minimal low foliage (fast travel), through to dense bush with supplejack and windfall (very slow travel). Care should also be taken in streams which can be slippery and rocky, and the occasional steep bank or cliff. Whilst caution should be exercised, we expect competent navigators to enjoy the off track control options. Some parts of the map indicating dark green or dark green stripe signify travel that is very slow and difficult. Note we have only mapped dark green in some areas only and these conditions may be discovered in the light green mapped areas as well.
- Not all illegal tracks have been mapped, so do not be surprised if you come across illegal tracks not on the map. As above, these can be used for Foot competitors, but not MTB competitors.



POINTS

- Controls range from 30 points to 100 points in value. The points value of the control is based on the control number used, e.g. control number 32 is worth 30 points, control number 87 is worth 80 points and so on.
- The penalty for being late is 50 points per minute late. Anyone over 30 minutes late will lose all their points.

TRACK AND OFF TRACK TRAVEL - WHAT IS ALLOWED AND NOT ALLOWED

The maps for the Foot competitors and MTB competitors use different colour coding to signify allowable and non-allowable tracks. It is critical competitors understand the following information:

FOOT COMPETITORS

- **Can use** walking and dual use trails (marked in **black** on the map).
- May travel anywhere off track in the forest, typically marked as light or dark green, white, yellow or brown/yellow on the map.
- **May not** travel through Out of Bounds (OOB) areas (marked with **purple** hatching or **Olive green** on the map – Olive green is private property).
- **Must NOT use** MTB trails (marked in **red** on the map). However, they can cross (with care), but must not run along any mountain bike trails.
- **Must not use** other miscellaneous tracks; those under construction, horse trails, spray lines etc (marked in **red**, or which have **purple X** marks on the map).
- Some uphill dual use trails are one way only and cannot be descended. These trails have a red one way arrow signifying allowable direction.
- **May use** "illegal" Mountain bike tracks (marked in **purple** on the map) but must be careful and be prepared to give way to "illegal" recreational riders.

MTB COMPETITORS

- **May ride** MTB trails (marked with **black** and **orange** dashes on the map).
- **May ride** dual use trails and roads (marked in **black** on the map).
- **Must not ride** on any walking only tracks (marked in **red** on the map).
- **Must not ride** "illegal" mountain bike tracks (marked in **red** on the map).
- **Must not ride** other miscellaneous tracks; those under construction, horse trails, spray lines etc (marked in **red** on the map, or which have **purple X** marks).
- May leave the tracks and travel cross country anywhere on the map (with bike). May travel short distances without bikes to off track control sites.
- Must ride one directional MTB tracks in the direction of the arrows on the map, if there are no arrows on the map the track can be ridden in either direction.
- If competitors overshoot on a one directional track and need to go backwards a short distance on a track they must dismount and push their bike along the side of the track. This is for short distances only, maximum 50 metres.



MTB LEGEND

- Fence
- Buildings
- Manmade feature
- Out of bounds (OOB)
- Pond
- OOB tracks (horse trails, spray lines under construction trails etc)

Riding permitted ✓

Track guide	Vehicle Width	Single Track
Fast Riding ✓		
Medium Riding ✓		
Slow Riding ✓		
Difficult Riding ✓		
Compulsory one way travel		
✓	Open Land - riding allowed	
✓	Open Forest - riding allowed	
✓	Dual use track - beware other users	
✓	Mtb only	

NO Riding permitted (GFR) ✗

	Walking only track - NO RIDING
	Illegal Mtb track - NO RIDING
	OOB Trails - NO RIDING

FOOT LEGEND

- Fence
- Buildings
- Manmade feature
- Out of bounds (OOB)
- Pond
- OOB tracks (horse trails, spray lines, under construction etc)
- Dual use track
- Dual use - 1 way travel for foot
- Walking only track
- Mtb track (foot forbidden)
- Illegal Mtb track - foot only - beware cyclists
- Fence
- Buildings
- Manmade feature
- Open Land
- Rough Open Land/Scattered Trees
- Forest - open, fast
- Forest - variable, moderate to slow
- Forest - very slow

OTHER PRACTICAL INFORMATION

PARKING

We are not able to park everyone in the Whakarewarewa School grounds.

- **6 Hour Foot and MTB competitors** can park on the concrete areas in the school grounds as directed by parking marshalls.
- **3 Hour Foot and MTB competitors** should park in the Froude Street car parking area. It is only a 200-300 metre walk to the school grounds from there. Please keep to the paths on the southern side of Sala Street and watch for traffic turning into or out of side roads.

Both parking areas will be clearly signposted from Sala Street, as well as the route to the start from the Froude Street car park. Please follow the instructions of the parking marshalls.

Also note that traffic will not be able to enter and leave the school grounds between 9.30am and 4.15pm.



SPORT IDENT TIMING SYSTEM

The event will be timed and scored using electronic SPORTident (SI) cards (dibbers). Every team will receive one dibber at registration to use for the event. When teams pick up their dibbers from registration, ensure you “clear” and “check” using the SI clear and check boxes next to registration. This will ensure data is wiped from the dibber and it is ready to use for the GFR. Failing to clear and check would result in scores not recording for the event. There will be someone at registration who can help you with this if you are unsure.

Once the event is underway team member will need to insert the dibber into the SI box at every control to prove that the team has visited that control. The SI control box and/or dibber will emit a beep, registering your visit to that control site. In the rare event that the SI box or dibber does not beep (or later model dibbers flash a light), then you will need to prove you have visited that control by taking a photo with your phone (in your compulsory equipment) of the control, showing the number.



It is the responsibility of the team to carry and look after their dibber card so that it can be handed in at the finish as evidence of the controls that they have visited. Lost dibbers will incur a \$130 cost for replacement, paid to OBOP.

REGISTRATION INFORMATION

- Please advise us early on the day of any changes to your team details, particularly your teams name, category and team members' names.
- For those pre-entered and paid please visit registration to confirm your details and collect your sport ident dibber, control descriptions and (optional) map bags. A person from every team will need to sign to acknowledge that they have read and understand the rules and safety information.
- If you have registered but not paid please visit registration to do so.
- For those entering on the day please visit registration to provide your details and payment. The cost to enter on the day is an additional \$10 per person (except under 12). Enter on the day entries will be first come first served, and in the event that we run out of maps, then entries may be declined.

OUTSTANDING PAYMENTS

We will send out emails notifying those with outstanding payments.

If you receive this email please pay and action as appropriate as soon as possible. If you don't pay in advance you will need to bring cash on the day to register and receive your map.

START INFORMATION AND TIMETABLE

- There will be a briefing prior to map release for each event and then competitors will be given their maps. It is recommended that you have all your gear with you and be ready to race as you will want as much planning time as possible. You will be able to visit the toilet during this time.
- Every competitor will receive a copy of the map which has been printed on waterproof paper.
- Please remember to bring permanent markers, highlighters, pens etc. to assist in planning your course and marking up your maps. Feel free to ask questions during this planning time. There will be some limited assistance available to those new to rogaining who want some tips and advice.
- There will be a final briefing and chance for final questions and then the event will start. Start Time will be shown on a large clock at the event centre - competitors should synchronize their watches with the official clock. Finish time for the 6 Hour will be 6 hours after the start. The 3 Hour will start 3 hours into the 6 Hour event, so will share the same finish time.

Timetable

8-9 am	6 Hour Registration
9am	Briefing and maps released (6 Hour)
10-4 pm	6 Hour event in progress
11-12 pm	3 hour Registration
12 pm	Briefing and maps released (3 Hour)
1-4 pm	3 hour event in progress
4.15 pm	Pizza
ASAP	Prizegiving

OTHER EVENTS

The Triple Crown Enduro is being held on the same day as the GFR. This will use three tracks as follows:

- Frankenfurter – Riff Raff
- Te Mouna



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- Top of Tuteata – Hot X Buns

These trails have all been marked as OOB using **purple Xs** on your map, and we have set the course in such a way as to avoid the need to use these trails. Be aware however that you will come across Triple Crown competitors biking to or from these stages and take care especially around the entrances and exits to these trails.

PIZZAS

We have allowed 1/2 a pizza for every competitor and **we ask that you are considerate** and respect this when getting pizza after the event. There are a number of vegetarian and gluten free pizzas for those that require them. Please can everyone take their pizza boxes home!

PRIZES

Winners of each category will receive vouchers from Zippy Central Café and Lime Caffeteria.

We also have 4 x \$50 vouchers for local bike and outdoor shops to give away as spot prizes and a grand spot prize of a \$200 Torpedo 7 voucher. There will also be some further Zippy and Lime vouchers. Competitor names will be drawn randomly for these spot prizes, but people must be present at prize giving to be eligible to receive their prize.

We encourage competitors and their family and friends to support these and other local businesses who have been heavily impacted by COVID-19. Zippys, Lime and other local businesses have been active supporters of OBOP events over the years and we look forward to repaying their support at this time.

Looking forward to a great day!

The Great Forest Rogaine Organizing Team and OBOP.

CONTACTS

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